



WORLD MASTERS ATHLETICS  
**GOTHENBURG**  
CHAMPIONSHIPS 2024

Entry Information Booklet

# 2024 WORLD MASTERS ATHLETICS CHAMPIONSHIP

13–25 August

EXPERIENCE *PURE PASSION*  
WELCOME TO GOTHENBURG!



## ORGANIZERS



## BROAD SUPPORT WITH UNMATCHED EXPERIENCE



## PARTNERS



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# INVITATION

## MARGIT JUNGMANN PRESIDENT WORLD MASTERS ATHLETICS



### Dear Masters Athletics family,

The Mission of WMA is to promote premier athletic events for athletes thirty-five and over, of all abilities, and encourage their passion for active healthy competition, global camaraderie, and celebratory spirit.

The Masters family is looking forward to meeting in Gothenburg in August 2024 to experience this passion, camaraderie, and celebratory spirit. The Swedish Organisers will offer an amazing championship and a warm welcome to Masters Athletes from all over the world.

This City of Gothenburg is an ideal location for this Championship. The historical, but newly renovated, Slottsskotsvallen Stadium will be the heart of the event. In addition, adjacent to the stadium, will be a large park to host the Non-Stadia events. An added bonus for athletes and their accompanying friends and family is that the competition venues are easy to reach from the city centre and the major accommodation facilities.

The City of Gothenburg is fully supporting this Championship and has assured us all of a friendly reception and a heartfelt welcome by the city and its people. Sweden and Gothenburg are a great tourist destination. Guests will love the atmosphere in the green city.; besides the

sport, they will experience its culture, and learn about its rich history. There are many historic sites to discover, and lots to do in Gothenburg; so be prepared to enjoy absorbing what this City has to offer Masters athletes from around the world.

On behalf of World Masters Athletics, I invite you to enter and participate in the 2024 WMA Championships in Gothenburg. WMA and the LOC are working closely together to ensure the 2024 WMA Championships will be a great success.

I would like to thank Gothenburg Athletics (Göteborgs Friidrottsförbund), Got Event and Swedish Athletics for their support in the organisation and management of this competition. I also wish to acknowledge the representatives of the city of Gothenburg for their support, and the sponsors who have contributed to making this Championship possible.

**WMA extends to all participants, officials and volunteers, our best wishes for a happy and enjoyable stay in Gothenburg. It is great being part of our Masters Athletics family, and to share our passion!**

# INVITATION

## ASLAN AKBAS MAYOR OF GOTHENBURG



### Dear athletes of World Masters Athletics,

On behalf of the City of Gothenburg, I am delighted to welcome you to our city for the 2024 World Masters Athletics Championships. Gothenburg is proud to be Sweden's City of Sports, and we are thrilled to host this prestigious event. We have a long history of hosting major athletics championships, both indoor and outdoor, and we are confident that we will provide you with an unforgettable experience.

Our city is compact and easy to get around, and the venues for the championships are all located within close reach to the city center. The main arena, Slottsskogsvallen, is an historic Stadium that recently has been renovated. It is located next to the city park Slottsskogen, where the non-stadia events will be held. We will also use the Ullevi Stadium, which is famous for its magic atmosphere and hosts both major sporting events and large concerts. Our newest athletics arena, Björlandavallen, is a state-of-the-art facility located just outside the city center. In addition to our fantastic arenas, we will also provide you with the best possible atmosphere outside the arena. At the Master's Square, you can enjoy yourself with food and drinks together with the friendly community of master athletics.

In Gothenburg you can not only experience the city pulse, but you can also visit the great outdoors and experience our forests, lakes, and ocean. Why not go on a hike or take a boat trip to the beautiful archipelago? And don't forget to bring your appetite! Gothenburg has a thriving food scene, with something to offer everyone.

**We hope you have a wonderful time in Gothenburg and that you enjoy the competition. We look forward to seeing you all!**

# INVITATION

## JOHAN STORÅKERS CHAIRMAN OF THE SWEDISH ATHLETICS FEDERATION



### Athletics Enthusiasts,

The Swedish Athletics Federation extends a warm welcome to all masters athletes from Gothenburg and Sweden. The World Masters Championships is an event that we and the Gothenburg Athletics Federation, together with various parts of the Swedish athletics community, the city of Gothenburg as well as the World Masters Athletics, have been preparing for several years. Our preparations aim to ensure well-organized competitions and to give all athletes and guests from all around the world a great experience.

Within the Swedish Athletics Federation, one of our missions is to make it possible for you to participate in our sport throughout your entire life and that is why this championship holds such a significant importance to us. Over the last years the number of masters athletes in Sweden has been on the rise, and that is such a gratifying development. The importance and positive impacts this gives on people's health as well as on our society, cannot be underestimated. Sports are also a strong global force to be used as a platform to build respect and understanding among people and nations, which is something we cannot get to much of these days.

Together with the Gothenburg Athletics Federation, Swedish Athletics has a strong tradition of hosting major events. The very successful hosting of the World Athletics Championships in 1995 and the European Athletics Championships in 2006 is our best examples. Therefore, we are eagerly looking forward to welcoming all athletes, coaches, team managers, family members, officials, volunteers and other guests to the World Masters Athletics Championships in August 2024.

The Swedish Athletics Federation is delighted that the World Masters Athletics has entrusted us with hosting this important event, and we hope that this is just the beginning of a long-term collaboration.

**Once again, we extend our heartfelt welcome to the masters athletics family, welcome to Gothenburg and the world championships!**

# ORGANIZERS

## WMA COUNCIL

**Margit Jungmann**  
President

**Lynne Schickert**  
Executive Vice President

**Jean Thomas**  
Treasurer

**Juan Ordonez**  
Secretary

**Alan Bell**  
Vice President Competition

## ORGANIZING COMMITTEE

**Anders Prytz**  
Gothenburg Athletics

**Eva-Lena Frick**  
Gothenburg Athletics

**Stefan Olsson**  
Swedish Athletics

**Ulrika Granfors**  
Swedish Athletics

**Magnus Malmsborg**  
Swedish Athletics

**Karin Schön**  
Swedish Veteran Committee

**Marika Greberg**  
Gothenburg Athletics

**Magnus Hallberg**  
City of Gothenburg

**Henrik Jutbring**  
Got Event

**Johan Sävhave**  
Sports and Associations  
Committee

## GOTHENBURG ATHLETICS ASSOCIATION



The Gothenburg Athletics Association stands out as one of the nine sports organizations under the umbrella of Swedish Athletics, serving as the primary member and national governing body for track and field in Sweden.

Gothenburg Athletics is dedicated to nurturing 52 affiliated associations, guiding them to progress beyond their current status and fostering a sense of community that mirrors the comfort of home. The overarching vision within the Gothenburg district is to present athletics as an inclusive sport for a lifetime, relentlessly working to fortify the environment for elite athletes. Our conviction is that athletics should be accessible to everyone, regardless of background, life circumstances, or age. For us and our member associations, this signifies placing the individual at the forefront, as they embody the essence of each association.

# THE CHAMPIONSHIP EXPERIENCE

**ARE YOU READY** to embrace the thrill of competition, the camaraderie of fellow athletes and the breathtaking beauty of a world-class city? Look no further, Gothenburg proudly invites you to the 25<sup>th</sup> World Masters Athletics Championship 2024.

Nestled along the stunning Swedish west coast, Gothenburg stands as a city where tradition meets innovation and champions are both born and celebrated. With its charming blend of modern architecture, historic charm and vibrant culture, Gothenburg offers an unmatched backdrop for the spirit of competition and the pursuit of excellence.

Gothenburg doesn't just witness history, it shapes it. The city has hosted numerous international championships, welcoming athletes from around the world to test their abilities on its iconic stages. Step into the hallowed grounds of Ullevi Stadium, where roars of triumph and moments of glory have echoed through the decades. The championship will also witness the beauty of our main Stadium, Slottsskogsvallen, as well as it will invite you to compete at the brand new athletics center on Hisingen Island.

As a guest of our city you'll discover that Gothenburg is a pocket-sized metropolis. Almost everything is within walking distance and the city offers a unique blend of modernity and old-world charm. Whether you're strolling along the picturesque canals, having an archipelago adventure, exploring the bustling downtown streets or relaxing in one of the many parks, you'll find out that Gothenburg has something to offer for every type of traveler or masters athlete.

***WELCOME HOME, MASTERS!***





# THE CHAMPIONSHIP CITY MAP



1. Slottsskogsvallen
2. House of Athletics
3. Athlete's Village
4. Slottsskogen City Park
5. WMA Headquarters Hotel
6. Björlanda Athletics Center
7. Liseberg Amusement Park
8. Restaurants & Entertainment
9. Shopping District
10. Ullevi Stadium
11. Central Station

*You will reach everything on the map within 20 minutes*

## MAIN STADIUM

# SLOTTSSKOGSVALLEN

*WHERE ATHLETICS AND NATURE  
BECAME BEST FRIENDS FOREVER*

We're proud and excited since we've got the honour to welcome the world masters athletes back to Slottsskogsvallen once again. Long time no seen! As the Stadium became a centenarian in 2023, the city celebrated by giving it some well-deserved polishing to regain its historical and colorful glory. In order to be in perfect shape when you arrive, the tracks will be replaced just in time before the opening ceremony.

Slottsskogsvallen and the beautiful surroundings of the City Forrest will be more than ready to serve as our main Stadium and the beating heart of the championship experience.

**OPENING:  
1923  
CAPACITY:  
10 000**



# 1

### SERVICES

- ✓ Conference Room
- ✓ Office Facilities
- ✓ Dressing Rooms
- ✓ Indoor warm up
- ✓ Gym
- ✓ Medial services
- ✓ Social activities
- ✓ Food court
- ✓ Café

### COMPETITION FACILITIES

- 8-lane 400m track
- 2 High Jump beds
- 2 Pole Vault beds
- 2 Long Jump/Triple Jump pits
- 1 Shot Put area
- Cage for rotating throws
- Javelin run ups



SLOTTSSKOGSVALLEN - MAP #1

## SECONDARY STADIUM

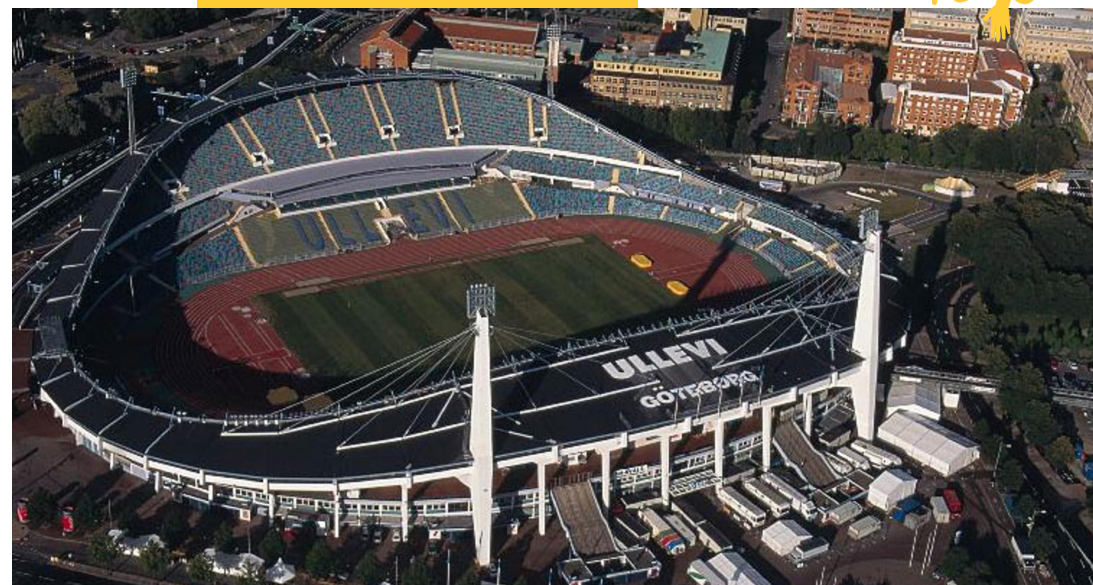
# ULLEVI STADIUM

## THE COLISEUM OF DREAMS

Ullevi Stadium has a great history of hosting numerous iconic sporting moments and international championships. It has been witness to breathtaking victories, heart-stopping clashes and the emergence of new legends. Ullevi is a multi-purpose Stadium in the city center of Gothenburg. Originally built to host the 1958 FIFA World Cup, the Stadium also opened its doors to host the 1995 World Athletics Championships and the 2006 European Athletics Championships. The name Ullevi roughly means “Ull’s kingdom or temple” and relates to Ull, the god of games and play in Old Norse mythology.

Located at the heart of Gothenburg, Ullevi will be easily accessible via various modes of transportation. Its central location not only makes it convenient for athletes to reach but also allows them to explore the vibrant city before and after the events. Welcome to our secondary Stadium, the legend of Ullevi and a canvas for greatness, known for its great atmosphere and ready for some new sessions of history writing.

**OPENING:**  
1958  
**CAPACITY:**  
43 000



# 2

### SERVICES

- ✓ Conference Room
- ✓ Office Facilities
- ✓ Dressing Rooms
- ✓ Outdoor warm up
- ✓ Medial services
- ✓ Restaurant

### COMPETITION FACILITIES

- 9-lane 400m track
- 2 High Jump beds
- 1 Pole Vault beds
- 2 Long Jump/Triple Jump pits
- 1 Shot Put area
- 1 Cage for rotating throws
- 1 Javelin run ups



ULLEVI STADIUM - MAP #10

THIRD STADIUM

# BJÖRLANDA ATHLETICS CENTER

## *PUSHING BOUNDARIES*

Let's take a ride to the north side of the river and have a look at our third Stadium. Björlanda Athletics Center is all brand-new and designed to host competitions in a modern way. As well as it's the realization of an idea thanks to the World Masters Athletics Championships, it's also built to host the future of our sport.

The size of the Stadium is impressive and set to square meters, there's nothing like it to be found anywhere else in northern Europe. To bring the best out of the athletes has always been the main ambition, and the Stadium has been maximized to conduct competitions on all levels. It also houses all the infrastructure and service facilities needed to make it the perfect location for a better day. The location may seem a little bit tricky, but we'll make it easy by providing free shuttles from the main Stadium. You're welcome to a new chapter and to set up your expectations high, because the history of Björlanda Athletics Center starts with you.

**OPENING:**  
2023  
**CAPACITY:**  
500



### SERVICES

- ✓ Dressing Rooms
- ✓ Outdoor warm up
- ✓ Medical services
- ✓ Café

### COMPETITION FACILITIES

- 8-lane 400m track
- 2 High Jump beds
- 3 Pole Vault beds
- 2 Long Jump/Triple Jump pits
- 2 Shot Put area
- 3 Cage for rotating throws
- 4 Javelin run ups

3

BJÖRLANDA ATHLETICS CENTER - MAP #6

NON STADIA VENUE

# SLOTTSSKOGEN CITY PARK

## NON STADIA EVENTS WITH BEAUTIFUL SURROUNDINGS

Welcome to one of the oldest, largest and most popular city parks in Sweden. Thanks to its rich plant and animal life, Slottsskogen City Park has been the locals's choice for a sunny day since 1874. During the championships the park will play its part as the venue for the 10K Road Walk, 20K Road Walk, 10K Road Run, Half Marathon and the Cross Country competitions. The park rangers have promised us some beautiful events, and the guardian penguins will be more than happy to have you.



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*Where the thrill of sport meets the serenity of Slottsskogen, victory echoes through the trees and every stride tells a story of triumph written on the open pages of Gothenburgs largest playground.*

SLOTTSSKOGEN CITY PARK - MAP #4

# ATHLETE'S VILLAGE

*JOIN US IN CREATING  
MEMORIES THAT GOES BEYOND  
THE COMPETITIONS*

The surroundings of the main Stadium will serve as our main service area and the center of the championship experience. To embrace and honor the spirit of master's athletics is very important to us, and while you're in Gothenburg we want to spend as much time together with you as possible.

Welcome to the Athlete's Village and to enjoy some good company, surrounded by a beautiful Swedish summer and a beating championship atmosphere.

More information is available on [2024wmac.com](https://2024wmac.com)



ATHLETE'S VILLAGE - MAP #3

# COMPETITION SCHEDULE **WOMEN**

NUMBER INDICATE THE EVENT DATES

EVENT	ROUND	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90+
100m	Heats	14	14	13	13	13	14	14					
	Semi-finals	15	15	14	14	14	15	15	13	13	13		
	Finals	15	15	14	14	14	15	15	13	13	13	13	13
200m	Heats	18	18	18	18	19	19	19					
	Semi-finals	19	19	19	19	20	20	20	20	20	20		
	Finals	19	19	19	19	20	20	20	20	20	20	20	20
400m	Heats	20	20	20	20	22	22						
	Semi-finals	22	22	22	22	23	23	22	22	22	22		
	Finals	23	23	23	23	24	24	23	23	23	23	23	23
800m	Heats	14	14	15	15	15	15	15	15	15	15		
	Finals	15	15	17	17	17	17	17	17	17	17	15	15
1500m	Heats	23	23	23	22	22	22	22					
	Finals	25	25	25	24	24	24	24	25	25	25	25	25
5000m	Finals	14	17	14	14	14	14	15	17	15	15	15	15
Short Hurdles	Heats				22	22							
(80m/100m)	Semi-finals	23	23	23	23	23	24	24	24				
	Finals	23	23	23	23	23	24	24	24	24	24	24	24
Long Hurdles (200m/300m/400m)	Heats												
	Semi-finals	17	17	15	15	15	15	15	15				
	Finals	18	18	17	17	17	17	17	17	18	18	18	18
Steeplechase	Finals	13	13	13	13	13	13	13	13	13	13	13	13
4x100m Relay	Finals	17	17	17	17	17	17	17	17	17	17	17	17
4x400m Relay	Finals	25	25	25	25	25	25	25	25	25	25	25	25
5000m Race Walk	Finals	19	19	19	19	19	19	20	20	20	20	20	20
High Jump	Finals	18	17	14	14	19	20	20	22	22	22	22	22
Pole Vault	Finals	17	23	13	13	22	19	19	20	20	20	20	20
Long Jump	Finals	19	18	20	20	17	17	17	13	13	13	13	13
Triple Jump	Finals	20	19	22	22	18	18	18	17	17	17	17	17
Shot Put	Finals	20	20	13	15	15	13	13	17	17	17	17	17
Discus	Finals	19	19	20	19	17	17	17	18	20	18	18	18
Javelin	Finals	15	15	14	13	19	22	22	13	19	19	19	19
Hammer	Finals	17	17	19	14	18	19	18	19	13	13	13	13
Weight Throw	Finals	22	22	22	22	20	20	20	20	22	22	22	22
Heptathlon	Finals	13/14	13/14	17/18	17/18	13/14	14/15	14/15	14/15	14/15	14/15	14/15	14/15
Throws Pentathlon	Finals	24	24	25	24	23	23	23	23	25	25	25	25
10km Road Run	Finals	18	18	18	18	18	18	18	18	18	18	18	18
Half Marathon	Finals	24	24	24	24	24	24	24	24	24	24	24	24
10km Road Walk	Finals	17	17	17	17	17	17	17	17	17	17	17	17
20km Road Walk	Finals	25	25	25	25	25	25	25	25	25	25	25	25
Cross Country	Finals	20	20	20	20	20	20	20	20	20	20	20	20

# COMPETITION SCHEDULE **MEN**

NUMBER INDICATE THE EVENT DATES

EVENT	ROUND	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90+
100m	Heats	14	14	13	13	13	13	13	14	14			
	Semi-finals	15	15	14	14	14	14	14	15	15	13	13	
	Finals	15	15	14	14	14	14	14	15	15	13	13	13
200m	Heats	18	18	18	18	18	18	19	19	19			
	Semi-finals	19	19	19	19	19	19	20	20	20	20	20	
	Finals	19	19	19	19	19	19	20	20	20	20	20	20
400m	Heats	20	20	20	20	22	22	22	22	22			
	Semi-finals	22	22	22	22	23	23	23	23	23	22	22	
	Finals	23	23	23	23	24	24	24	24	24	23	23	23
800m	Heats	14	14	15	15	15	15	15	15	15	15	15	
	Finals	15	15	17	17	17	17	17	17	17	17	17	15
1500m	Heats	23	23	23	22	22	22	22	23	23			
	Finals	25	25	25	24	24	24	24	25	25	25	25	25
5000m	Finals	14	17	14	14	14	14	15	14	15	15	15	15
Short Hurdles	Heats	22	22	22	22	22	22						
(80m/100m/110m)	Semi-finals	23	23	23	23	23	23	24	24	24	24		
	Finals	23	23	23	23	23	23	24	24	24	24	24	24
Long Hurdles (200m/300m/400m)	Heats	15	15	14	14	14	15						
	Semi-finals	17	17	15	15	15	17	15	15	15	15		
	Finals	18	18	17	17	17	18	17	17	17	17	18	18
Steeplechase	Finals	13	13	13	13	13	13	13	13	13	13	13	13
4x100m Relay	Finals	17	17	17	17	17	17	17	17	17	17	17	17
4x400m Relay	Finals	25	25	25	25	25	25	25	25	25	25	25	25
5000m Race Walk	Finals	19	19	19	19	20	20	20	20	20	20	20	20
High Jump	Finals	15	17	22	14	18	23	20	15	13	19	19	19
Pole Vault	Finals	14	15	20	13	17	22	19	14	23	18	18	18
Long Jump	Finals	19	18	13	15	20	20	22	13	14	23	23	23
Triple Jump	Finals	20	19	23	20	22	24	23	23	15	24	24	24
Shot Put	Finals	15	15	17	13	18	20	17	15	15	15	15	15
Discus	Finals	14	19	18	19	17	17	20	20	20	20	18	18
Javelin	Finals	20	20	13	15	22	15	19	14	14	19	19	19
Hammer	Finals	19	17	19	20	19	18	18	13	13	17	17	17
Weight Throw	Finals	22	22	22	22	20	22	22	22	22	22	22	22
Decathlon	Finals	17/18	13/14	14/15	17/18	14/15	13/14	14/15	17/18	17/18	13/14	13/14	13/14
Throws Pentathlon	Finals	25	25	24	24	23	25	24	24	24	25	25	25
10km Road Run	Finals	18	18	18	18	18	18	18	18	18	18	18	18
Half Marathon	Finals	24	24	24	24	24	24	24	24	24	24	24	24
10km Road Walk	Finals	17	17	17	17	17	17	17	17	17	17	17	17
20km Road Walk	Finals	25	25	25	25	25	25	25	25	25	25	25	25
Cross Country	Finals	20	20	20	20	20	20	20	20	20	20	20	20



# ENTRY REQUIREMENTS AND PROCEDURE

## CATCHING A DREAM

This event gives you the opportunity to fulfill your lifelong dream of representing your country in a world championship. It is a dream of standing on the starting line, feeling the adrenaline course through your veins, and launching yourself into the challenge of your life. It is a chance to let go of doubts and fears, to shatter your own limitations, and to transform your dreams into reality. Or to just relax and enjoy a really good day. No matter what, we are here to support you every step of the way.

## QUALIFICATIONS FOR ENTRY

The 2024 World Masters Athletics Championships in Gothenburg, Sweden, are open only to men and women who were born on or before 13 August 1989 and who are physically fit. Entry signifies that each competitor must follow the rules laid down by the technical and organizing committees. WMA has the right to reject entries of athletes considered ineligible through misconduct or other disciplinary matters.

An athlete must be a citizen of the country they will represent, or they must be a resident of that country for a minimum of 3 years. If an athlete has represented a different country at a previous WMA World Championship or Regional Championship, they must have change-of-allegiance paperwork on file with WMA at least 30 days before the entry deadline.

Individual events are divided into age groups as shown on the next side. Entering the Championships does not require any specific level of performance or personal best, and you don't need to wait for anyone to choose you. You are choosing whether to start or not yourself.

## GENERAL RULES

The championship will be held under the regulations of World Athletics as modified for Masters by World Masters Athletics (WMA) via their *Competition Rules* and any other special rules specified for this competition.

## AGE GROUPS

CLASSIFICATION	BORN FROM
M&W 35	14 August 1984 to 13 August 1989
M&W 40	14 August 1979 to 13 August 1984
M&W 45	14 August 1974 to 13 August 1979
M&W 50	14 August 1969 to 13 August 1974
M&W 55	14 August 1964 to 13 August 1969
M&W 60	14 August 1959 to 13 August 1964
M&W 65	14 August 1954 to 13 August 1959
M&W 70	14 August 1949 to 13 August 1954
M&W 75	14 August 1944 to 13 August 1949
M&W 80	14 August 1939 to 13 August 1944
M&W 85	14 August 1934 to 13 August 1939
M&W 90	14 August 1929 to 13 August 1934
M&W 95	14 August 1924 to 13 August 1929
M&W 100+	Born on or before 13 August 1924

## COUNTRY CODES

Albania	ALB	Denmark	DEN	Kyrgyzstan	KGZ	Puerto Rico	PUR
Algeria	ALG	Djibouti	DJI	Latvia	LAT	Romania	ROU
American Samoa	ASA	Dominica	DMA	Lebanon	LBN	Rwanda	RWA
Andorra	AND	Dominican Republic	DOM	Lesotho	LES	Saint Kitts and Nevis	SKN
Angola	ANG	Ecuador	ECU	Liberia	LBR	Saint Vincent and the Nevis	VIN
Antigua and Barbuda	ANT	Egypt	EGY	Liechtenstein	LIE	Samoa	SAM
Argentina	ARG	El Salvador	ESA	Lithuania	LTU	San Marino	SMR
Armenia	ARM	Equatorial Guinea	GEQ	Luxembourg	LUX	Saudi Arabia	KSA
Aruba	ARU	Estonia	EST	North Macedonia	MKD	Senegal	SEN
Australia	AUS	Ethiopia	ETH	Macau, China	MAC	Serbia	SRB
Austria	AUT	Fiji	FIJ	Madagascar	MAD	Seychelles	SEY
Azerbaijan	AZE	France	FRA	Malawi	MAW	Singapore	SGP
Bahamas	BAH	French Polynesia	PYF	Malaysia	MAS	Slovak Republic	SVK
Bangladesh	BAN	The Gambia	GAM	Malta	MLT	Slovenia	SLO
Barbados	BAR	Georgia	GEO	Marshall Islands	MHL	Solomon Islands	SOL
Belgium	BEL	Germany	GER	Mauritania	MTN	South Africa	RSA
Belize	BIZ	Ghana	GHA	Mauritius	MRI	Spain	ESP
Benin	BEN	Gibraltar	GIB	Mexico	MEX	Sri Lanka	SRI
Bermuda	BER	Great Britain and Northern Ireland	GBR	Micronesia	FSM	Sudan	SUD
Bolivia	BOL	Greece	GRE	Moldova	MDA	Surinam	SUR
Bosnia and Herzegovina	BIH	Grenada	GRN	Monaco	MON	Sweden	SWE
Botswana	BOT	Guam	GUM	Mongolia	MGL	Switzerland	SUI
Brazil	BRA	Guatemala	GUA	Montenegro	MNE	Tajikistan	TJK
Brunei	BRU	Guinea	GUI	Morocco	MAR	Thailand	THA
Bulgaria	BUL	Guyana	GUY	Mozambique	MOZ	Togo	TOG
Burundi	BDI	Honduras	HON	Myanmar	MYA	Tonga	TGA
Cape Verde	CPV	Hong Kong, China	HKG	Namibia	NAM	Trinidad and Tobago	TTO
Cameroon	CMR	Hungary	HUN	Nauru	NRU	Tunisia	TUN
Canada	CAN	Iceland	ISL	Nepal	NEP	Turkey	TUR
Central African Republic	CAF	India	IND	Netherlands	NED	Turkmenistan	TKM
Chad	CHA	Indonesia	INA	New Zealand	NZL	Tuvalu	TUV
Chile	CHI	Iran	IRI	Nicaragua	NCA	Tuvalu	TUV
China	CHN	Ireland	IRL	Niger	NIG	Uganda	UGA
Chinese Taipei	TPE	Israel	ISR	Nigeria	NGR	Ukraine	UKR
Colombia	COL	Italy	ITA	Norfolk Island	NFI	United Arab Emirates	UAE
Comoros	COM	Ivory Coast	CIV	Northern Mariana Islands	NMI	United States of America	USA
Congo	CGO	Jamaica	JAM	Norway	NOR	Uruguay	URU
Congo (Democratic Republic of)	COD	Japan	JPN	Pakistan	PAK	Uzbekistan	UZB
Cook Islands	COK	Kazakhstan	KAZ	Palau	PLW	Vanuatu	VAN
Costa Rica	CRC	Kenya	KEN	Palestine	PLE	Venezuela	VEN
Croatia	CRO	Kiribati (Republic of)	KIR	Panama	PAN	U.S. Virgin Islands	ISV
Cuba	CUB	Korea	KOR	Papua New Guinea	PNG	Zambia	ZAM
Cyprus	CYP	Kosovo	KOS	Paraguay	PAR	Zimbabwe	ZIM
Czech Republic	CZE	Kuwait	KUW	Peru	PER		
				Philippines	PHI		
				Poland	POL		
				Portugal	POR		

# ENTRY REQUIREMENTS AND PROCEDURE

**ENTRY DEADLINE**  
The registration  
will close on  
Tuesday 4 June 2024

## REGISTRATION FEES

- Registration Fee: 75€
- Each Individual Event: 35€
- Combined Events: 60€
- Half Marathon: 50€
- Accompanying Person (age 14 or older): 40€
- Accompanying Person (under age 14): 20€

## RELAYS

There is no entry fee for the relays. Only one relay per country, per relay distance, per age group is allowed. Entry for relays will be done during the Championships by the team managers.

## GENERAL INFORMATION

Athletes may enter online or by using a paper entry form. Online is the preferred method of entry. See below for details about each method. All entries must include full payment to be considered valid. Athletes who cannot pay online must instead send a paper entry form and payment to their WMA National Masters Member ("Member"), which will then register them and pay on their behalf. The entry deadline is 4 June 2024. No entries will be accepted after the entry deadline.

All entries are subject to validation by each athlete's respective Member. Members will confirm the athlete's date of birth, citizenship and/or residential qualifications and other relevant requirements. After an athlete's registration has been validated, its status will display as "accepted" on the list of entries online (2024wmac.com). Validation is a manual process that each Member completes, so there will be some time (days or weeks) between when you submit your registration and when it is validated. Athletes who have questions about the status of their entry should contact their Member. For athletes who reside in a country where there is no WMA National Masters Member or where the Member fails to fulfill its obligations, their entries will be subject to the approval of the WMA Council.

Additionally, athletes must complete the confirmation/declaration process to confirm whether or not they will participate in their events (confirm or scratch). This process begins at the start of the Championships. The Championship website and the Competition Handbook will provide details about the confirmation/declaration process, including applicable deadlines.

# ENTRY REQUIREMENTS AND PROCEDURE

## ONLINE ENTRY PROCEDURE

1. Complete the online entry form at [2024wmac.com](https://2024wmac.com) prior to the entry deadline
2. Submit payment by credit card (Visa or Mastercard) at the end of the entry process
3. Save and/or print the confirmation screen for your records
4. Send a copy of your birth certificate to your Member for validation purposes if you have not already done so in the past
5. Your WMA National Member will validate your registration

## WMA NATIONAL MASTERS MEMBER REQUIREMENTS

WMA requires that each Member validate all relevant entries electronically via the online entry system. The Local Organizing Committee ("LOC") will accept only those entries that have been validated by Members. Each Member must also input any paper entries it receives from its athletes into the online entry system. Payment is required at the time the entries are submitted. If for some reason a Member is unable to pay online, it must request an exemption from WMA. If the exemption is granted, the Member will be provided with details about how to pay offline. The Member will still be required to input paper entries into the online entry system and to validate its entries electronically. All entries must be submitted online and paid before 4 June 2024. Any entries for which WMA has not received payment by this deadline will be cancelled, and those athletes will be ineligible to compete. No exceptions will be allowed. In addition, all entries must be validated before 11 June 2024. Any entries that have not been validated by this deadline may be rejected, and those athletes will be ineligible to compete.

Members will receive communications regarding the entry process prior to the start of registration. Members that do not receive these communications should contact the WMA Secretary.

## PAPER ENTRY PROCEDURE

1. Contact your WMA National Masters Member to request a paper entry form
2. Confirm the latest date required by your Member for submission of your paper entry. NB: Your Member MUST input your entry and payment into the on-line system by the closing date of 4 June 2024
3. Complete the entry form and make a copy for your records
4. Mail the completed entry form and all entry fees to your Member prior to the entry deadline (do not send paper entry forms directly to the LOC). NB: Paper entries sent to your Member for processing MUST include all entry fees
5. Send a copy of your birth certificate to your Member for validation purposes if you have not already done so in the past
6. Your WMA National Member will submit your registration, pay on your behalf and validate your registration

# SAMPLE ENTRY FORM

## EXAMPLE

1. PERSONAL INFORMATION (ATHLETE AND COMPANION)													
Country you will represent				Country Code		Citizen: YES / NO		Resident: YES / NO					
Surname				Given Name		Address		Postal Code					
City				Country		Phone Number		Club					
E-mail Address				Date of birth		Day:	Month:	Year:	Gender	Male:	Female:		
Are you taking any medication or supplement that requires a Therapeutic Use Exemption (TUE) certificate? YES / NO													

2. CATEGORIES: BASED ON YOUR AGE ON 13TH AUGUST 2024														
Gender	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100+
Women														
Men														

3. EVENTS: PUT AN X BEFORE EACH EVENT YOU WANT TO ENTER		
x	Events	Best performance 2022-2024
	100 m	
	200 m	
	400 m	
	800 m	
	1 500 m	
	5 000 m	
	Short Hurdles	
	Long Hurdles	
	Steeplechase	
	5 000 m Track Race Walk	
	Long Jump	
	Triple Jump	
	High Jump	
	Pole Vault	
	Shot Put	
	Discus Throw	
	Javelin Throw	
	Hammer Throw	
	Weight Throw	
	Decathlon	
	Heptathlon	
	Throws Pentathlon	
	10 km Road Race	
	Half Marathon	
	10 km Road Race Walk	
	20 km Road Race Walk	
	Cross Country	

4. FEES			
Item	Unit Price	Number	Total
Registration Fee	75 €		
Each Individual event*	35 €		
Combined Events (Heptathlon, Decathlon, Throws Pentathlon)	60 €		
Half Marathon	50 €		
Accompanying person (14 and older)	40 €		
Accompanying person (under age 14)	20 €		
Additional country-specific fee**			
<b>TOTAL</b>			
* Except Combined Events and Half Marathon			
** Ask your WMA National Masters Member for details			
There is no entry fee for the relays. Only one relay per country, per relay distance, per age group is allowed. Entry for relays will be done during Championships by the team managers.			

5. Accompanying Person(s)	
Full Name	
Full Name	
Full Name	
Full Name	
Full Name	

6. Emergency Contact	
Full Name	
Telephone	

7. Athlete's Signature	
.....	.....
Date	Signature

8. Certification or stamp of WMA National Member	
.....	.....
Date	Signature

# ATHLETE'S CONSENT

## **AGREEMENT, CONSENT AND RELEASE**

World Masters Athletics ("WMA") has sanctioned Svenska Friidrottsförbundet (Swedish Athletics) and the Göteborgs Friidrottsförbund (Gothenburg Athletics Federation) as the local organizing committee ("LOC") to conduct the 2024 World Masters Athletics Championships Stadia ("WMA Championships") in Gothenburg, Sweden ("Host Country"), during 13-25 August 2024.

I hereby apply for entry to the WMA Championships on the following terms and conditions which form a binding agreement between me, WMA and the LOC.

- 1.** I will abide by the WMA Competition Rules and World Athletics rules and regulations as modified for WMA Championships by WMA and any special rules specified for this competition which will be outlined on the WMA Championships website and communicated to competitors.
- 2.** I represent that I am a bona fide athletics competitor. I am physically and mentally fit to compete in the WMA Championships safely and without causing injury to myself or other participants in the WMA Championships.
- 3.** I agree and consent to accept medical treatment from the LOC, WMA or their servants, agents or contractors, ambulance officers or medical personnel in

the event that I am injured or otherwise become ill or incapacitated during the WMA Championships. In the event of any emergency medical treatment or services provided to me requiring the payment of fees, I agree to pay these fees upon request.

**4.** Participation in the WMA Championships and related activities ("Activities") has foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, sickness, disease, and contagion, including but not limited to COVID-19, permanent disability, paralysis and loss of life. I understand and acknowledge that there are risks, dangers and hazards inherent in the Activities ("Risks"), and I expressly and voluntarily assume the Risks and the responsibilities for any damages, liabilities, and losses, including loss of income, expenses, or any other related losses arising from the Risks as a result of my participation in the Activities.

**5.** In consideration of WMA and the LOC permitting me to participate in the WMA Championships, I agree to indemnify, hold harmless and release WMA and the LOC and their directors, officers, employees, contractors, sponsors, servants and agents, and all officials and volunteers from and against any injury, loss, damage, liability, cost, expense, demand, claim or action whether arising at common law or under statute that I may suffer or incur arising out of or in

connection with my participation in the WMA Championships including as a result of the negligence, breach of statutory duty or any act or omission of WMA and the LOC and their directors, officers, employees, contractors, sponsors, servants or agents and all officials and volunteers.

**6.** The indemnity and release in clause 5 above shall be, and operate separately, in favour of all persons, corporations and organisations involved or otherwise engaged in promoting or staging the WMA Championships and their servants, agents and representatives including but not limited to the medical and paramedical personnel and police and ambulance officers, and the indemnity and release shall operate whether or not the injury, loss, damage, liability, cost, expense, demand, claim or action is attributable to any act or omission or neglect of any one or more of them.

**7.** I consent to photographs and video footage being taken of me before, during and after my participation in the WMA Championships. I agree and acknowledge that the photographs and video footage are owned by WMA and the LOC and that those parties may use the photographs and video footage for promotional or other purposes without my further consent being obtained. I also consent to those parties using my name, image, voice, likeness and my performance in the WMA Championships, at any time, to promote and publicize current and future WMA championships or their businesses, without compensation.

# ATHLETE'S CONSENT

**8.** I agree that all my personal details and the personal details of all accompanying persons ("Personal Details") are provided to WMA and the LOC and may be provided by them to:

- a. The immigration service of the Host Country
- b. Future hosts of WMA championships
- c. The registration services provider SimplyRegister, Inc.
- d. WMA and its Regional Associations and National Members
- e. The Track and Field Master Athletics Cohort (TaF MAC) study, if enrolled in the medical research study
- f. World Athletics, if registered for the World Athletics conference
- g. MastersRankings.com, the rankings partner of WMA

**9.** I agree that the Personal Details may be used by any party to whom they are provided for the following purposes:

- a. Any purpose required or deemed appropriate by, or to assist, the parties hereto or the government of

the Host Country or any State or local government body, service or agency in the Host Country.

- b. To contact me about my registration and/or participation in the WMA Championships.
- c. To provide me with my unique WMA Championships Accreditation Pass and competition bibs.
- d. To provide emergency medical treatment in the event that I am injured or otherwise become ill or incapacitated during the WMA Championships.
- e. Personal Details may also be used for any purpose:
  - i. Required or authorised by law
  - ii. Required in order to investigate an unlawful activity
  - iii. Required by an enforcement body for investigative activities
  - iv. Necessary to prevent a serious and imminent threat to a person's life, health or safety, or to public health or safety
- f. Personal Details may be disclosed overseas for the stated purposes.

**10.** I agree to allow WMA to hold the Personal Details and medical data in the WMA Registration Database.

**11.** I agree that I will comply with all government protocols and regulations necessary for entry into the Host Country, including without limitation all

COVID-related requirements, that are applicable at the time of my arrival. I further agree that I will comply with all such protocols and regulations for the duration of my stay in the Host Country and during the WMA Championships.

**12.** I consent to the conduct of identity verification checks, background security checks, and any other security checks, which may include inspecting my personal property. I understand and agree that these checks may be conducted at any time, including, but not limited to, during my entry to and departure from any venue.

**13.** I am aware that events may be delayed or cancelled due to conditions that are beyond the control of the LOC and WMA. I agree that the LOC and WMA shall not be responsible or liable for any loss, financial or otherwise, that I may incur, arising out of or caused directly or indirectly by forces beyond the control of the LOC and WMA, including, without limitation, strikes, work stoppages, accidents, acts of war or terrorism, civil or military disturbances, weather, pandemics or epidemics or disease, nuclear or natural catastrophes or acts of God, and interruptions, loss or malfunctions of utilities, communications or computer (software and hardware) services.

This Agreement and any other documents or agreements related thereto are in the English language only and will be deemed to be executed in English.

# ATHLETE'S CONSENT

Translation into a language other than English is provided for convenience only. Any translation into any other language shall not be an official version thereof, and in the event of any conflict in interpretation or meaning between the English version and such translation, the English version shall take precedence.

## **DRUG TESTING AND GENDER ELIGIBILITY**

I acknowledge that Drug Testing will be conducted under the WMA/World Athletics Anti-Doping Rules and Regulations and hereby give my consent to be subject to any drug testing requirements at the WMA Championships. I further acknowledge that it is my responsibility to meet current World Athletics rules and regulations governing gender eligibility and hereby declare that I meet all such requirements. NOTE: If selected for drug testing, Competitors must declare any/all medications being used by them on the doping control form. Any athlete using a prohibited substance as defined in the Regulations, must apply for an exemption (TUE) to the WMA Anti-Doping and Medical Committee. Athletes taking or requiring exemption for a prohibited substance must apply to the WMA Medical Officer (Carole Filer) for a TUE exemption (71 Hunter House Road, Sheffield, S11 8TU,

Great Britain; Tel: 0044 (0) 754882 6151; e-mail: [antidoping@world-masters-athletics.org](mailto:antidoping@world-masters-athletics.org)). If an exemption is refused, the prohibited substance(s) concerned must not be used, and should you be selected for testing and the test proves positive, this may result in a suspension. Please note that no other medical certificate(s) will be accepted in substitution for a TUE certificate. If you are granted a TUE exemption certificate, this must be with you at all times along with proof of identification and must be produced at the Doping Control Centre if you are selected for a drug test. Details of prohibited substances and all Anti-Doping procedures are available on the World Athletics website ([www.worldathletics.org](http://www.worldathletics.org)), the WMA website ([www.world-masters-athletics.org](http://www.world-masters-athletics.org)) and from your World Athletics Affiliated Federation. The Competition Handbook will also contain details of the Anti-Doping Procedures to be undertaken during the championships.

## **REGISTRATION SERVICES**

Registration services are being provided by SimplyRegister, Inc. I acknowledge that I have read SimplyRegister's Terms of Use ([www.simplyregister.net/terms/use.html](http://www.simplyregister.net/terms/use.html)) in its entirety and that I understand and agree to all of the provisions contained therein.

## **CANCELLATION AND REFUND POLICY**

No refunds are available for this event. I understand and agree that all fees are registration fees, not participation fees, and that there are no refunds for any reason.





# TRAVEL AND ACCOMMODATION



# VISA INFORMATION

Sweden joined the European Union in January 1995 and became a member of the Schengen cooperation in 2001. If you're travelling to the championship as a citizen of a non-EU country, you may need to apply for a Schengen Visa. The Swedish Migration Agency and The Swedish Ministry of Foreign Affairs are aware about the competitions, and they're ready to provide as good support as possible. We advise you to visit Sweden Abroad ([swedenabroad.se](http://swedenabroad.se)), the official website of the Swedish embassies and consulates where you'll find specific information about the VISA requirements and application process for your country.

To get your Visa application approved you need to present a valid medical travel insurance. The insurance coverage should be for a minimum of 30.000 euro and is preferably taken out in your home country. If you are travelling here as an athlete, make sure the insurance covers your participation in sports. Also, apply on time. You can submit your application six months before the start of your intended visit. Apply as far in advance as possible and no later than 15 days before your intended trip, to be sure to have your Visa on time.

## **INVITATION LETTER**

You may request an invitation letter if one is required for your Visa application. Before an invitation letter can be issued, you must be registered for the Championships and have your registration accepted by your Member country (i.e., listed as "accepted" on the registration lists). Once both of these requirements are met, you can request an invitation letter by writing to [contact@2024wmac.com](mailto:contact@2024wmac.com). Be sure to include the following information in your request: Name of the athlete, accompanying person or team manager, passport number or national ID number, country and email address.

## **VISA FREE COUNTRIES**

American Samoa	Grenada	Poland
Andorra	Guam	Portugal
Antigua and Barbuda	Guatemala	Puerto Rico
Argentina	Honduras	Romania
Aruba	Hong Kong, China	Saint Kitts and Nevis
Australia	Hungary	Saint Vincent
Austria	Iceland	Samoa
Bahamas	Ireland	San Marino
Barbados	Israel	Seychelles
Belgium	Italy	Singapore
Bermuda	Japan	Slovak Republic
Brazil	Kiribati (Republic of)	Slovenia
Brunei	Korea	Solomon Islands
Bulgaria	Latvia	Spain
Canada	Liechtenstein	Switzerland
Chile	Lithuania	Tonga
Colombia	Luxembourg	Trinidad and Tobago
Cook Islands	Macau, China	Tuvalu
Costa Rica	Malaysia	United Arab Emirates
Croatia	Malta	United States of America
Cyprus	Marshall Islands	Uruguay
Czech Republic	Mauritius	Vanuatu
Denmark	Mexico	Venezuela
Dominica	Micronesia	U.S. Virgin Islands
El Salvador	Monaco	
Estonia	Netherlands	
Finland	New Zealand	
France	Nicaragua	
French Polynesia	Norfolk Island	
Germany	Norway	
Gibraltar	Palau	
Great Britain and Northern Ireland	Panama	
Greece	Paraguay	
	Peru	

# TRANSPORTATION

## CITY LOCATION

Gothenburg, the second largest city in Sweden, is strategically located along the stunning coastline of the Kattegat, a sea area connecting the North Sea to the Baltic Sea.

## GLOBAL CONNECTIVITY

Connecting to Gothenburg is a breeze! The city is served by the Göteborg Landvetter Airport, a major international hub with over 50 direct flights from numerous cities worldwide. Wherever you're arriving from, reaching Gothenburg is a convenient and well-connected experience.

## TRAVELLING BY TRAIN

For a scenic and comfortable journey, consider arriving in Gothenburg by train. The city boasts excellent rail connections, with the Central Station (Göteborg Centralstation) serving as a major transportation hub. High-speed trains from major European cities and well-connected regional lines make traveling by rail a convenient option, offering you the opportunity to enjoy the picturesque landscapes of Sweden on your way to Gothenburg.

## NAVIGATING THE HIGHWAYS

If you prefer the freedom of the open road, Gothenburg is easily accessible by car. The city is well-connected to the European road network, with major highways converging in the region. E6, a significant north-south route, links Gothenburg to Oslo and Copenhagen, while the E20 connects the city to Stockholm and the rest of the Swedish road network. Driving to Gothenburg provides the flexibility to explore the beautiful countryside and make spontaneous stops along the way.

## MOVING AROUND THE CITY

Once you enter the city, the efficient public transportation system makes exploring and movement easy. Trams, buses, and ferries weave through the city, ensuring you can effortlessly reach every corner of Gothenburg and its surrounding areas. The public transportation system is provided by Västtrafik (vasttrafik.se).

*Please note that Public Transportation is not included in your accreditation.*



## FREE SHUTTLE

We will provide free shuttles from the main Stadium to Björlanda Athletics Center and to Ullevi Stadium

## ATHLETE'S TRANSPORTATION

To ensure the athletes will move easily between the competition venues, we will provide free shuttles from the main Stadium to Björlanda Athletics Center and to Ullevi Stadium. The service is included in your accreditation.

# ACCOMMODATION

## OFFICIAL ACCOMMODATION PARTNER

Strawberry is the official accommodation partner of the 2024 World Masters Athletics Championships. They are a well recommended hotel group in northern Europe, a true provider of hotel rooms for champions and your gateway to a good sleep. Nestled in the heart of Gothenburg and close to all of the venues, Strawberry will provide 12 official championship hotels, a selection of three different standards and a good-hearted discount for all masters athletes and friends.

### TEAM OR GROUP RESERVATIONS

If you are a group of more than 20 people travelling together, our accommodation partner can give you a special team offer. The importance of team spirit cannot be underrated, send your request to [contact@2024wmac.com](mailto:contact@2024wmac.com) and we will get back to you.

**BOOK YOUR STAY** at any of the championship hotels by clicking on the Accommodation Offer Button on the championship website. The discount will be generated automatically.

*"Stay with us and turn your championship dreams into reality with the perfect blend of on-field brilliance and off-field comfort."*

Strawberry



ACCOMMODATION  
SPECIAL  
ATHLETE'S OFFER  
[2024wmac.com](http://2024wmac.com)



- 12. Hotel Odin
- 13. Hotel Draken
- 14. Hotel Post
- 15. Hotel The Pier
- 16. Hotel City
- 17. Hotel Göteborg
- 18. Hotel Panorama
- 19. Hotel 11

# OFFICIAL MERCHANDISE

VISIT OUR  
WEBSHOP

[2024wmac.com](https://2024wmac.com)

## EMBRACING SUSTAINABILITY!

With the official merchandise collection, we have embraced sustainability! Our commitment begins at the source, as each item is meticulously crafted in factories with ethical working conditions. By utilizing environmentally friendly materials and adopting an on-demand production model, we ensure that no products are created until your order is placed, minimizing waste, and reducing our carbon footprint.

## THE “ON MY WAY” T-SHIRT

Please note that the only product deviating is the “On My Way” t-shirt. Our stock is limited and we offer home delivery as the purpose of the t-shirt is to be worn proudly during the time leading up to the championship.



## MERCHANDISE ON DEMAND

Introducing our exclusive merchandise collection where finesse and happiness meets demand, and where every piece is a limited edition! We’re happy to offer you a opportunity to own high-quality, official merchandise produced only in the quantities demanded by our passionate masters.

### HERE’S HOW YOU CAN GEAR UP IN THREE SIMPLE STEPS:

- 1. ORDER AND PAY ONLINE:** Visit our webshop and dive into a world of exclusive Master’s gear. Select your favorite items, securely place your order and make the payment online to ensure you don’t miss out on your selected pieces.
- 2. EXPRESS PICKUP AT THE MAIN STADIUM:** Once you’ve completed your online purchase you’ve done what you can so far. Once you’re in Gothenburg, head to the main stadium and present your confirmation receipt at the designated pickup counter. We’re making it easy for you to contribute to a greener future while celebrating athletic excellence!
- 3. UNVEIL YOUR LOOT:** With your receipt in hand it will be a breeze to collect your merchandise. Feel the excitement as you unbox your limited edition gear. Whether you’re rocking it at the stadium or displaying it proudly at home, your merchandise is a symbol of your dedication and love for the sport.

*Wear your story and join us in commemorating the spirit of the 2024 World Masters Athletics Championships – Where passion meets performance, heart meets hurdles, and dreams take flight.*



# WELCOME TO WEST SWEDEN

West Sweden, with Gothenburg as its gateway, has a rich variety of natural landscapes. From our beautiful coastline with its islands and skerries, to plateau mountains and fertile plains, not to mention the unspoilt forests dotted with lakes with water so clean you can drink it. In West Sweden, we are doing our best to work sustainably. When we talk about sustainability we mean the whole package – economic, environmental and social sustainability.

There are many well known places to visit in West Sweden, and even more you've not heard of yet, to discover. Go on an adventure holiday in Bohuslän, Dalsland, Västergötland and the city of Gothenburg. Find inspiring getaways and family breaks for food, outdoor adventures, culture and more.

Visit [westsweden.com](https://westsweden.com) for more inspiration.



WELCOME TO GOTHENBURG!

**TOGETHER WE'LL WRITE  
A STORY ABOUT GOLD, SILVER,  
BRONZE AND BEYOND.**



WORLD MASTERS ATHLETICS  
GOTHENBURG  
CHAMPIONSHIPS 2024